

## 2023 NUTCRACKER DRESS REHEARSAL Friday, 12/1, 4:15pm-10:00pm at Staples High School \*\*THIS REHEARSAL IS CLOSED TO EVERYONE except for dancers on the stage & teachers\*\*

**Jr II, Jr Co & Sr Co:** There will NOT be an organized time for warm-up for dress rehearsal only as it is a long day, and start times vary by part. Please take it upon yourself to warm up -- plan to arrive 30 minutes BEFORE your call time listed below to adequately do so. Part of being at the company and pre-company level is that you take that responsibility seriously, and understand how important it is for your body to be ready.

# BALLET I-V: CHECK IN/OUT POLICY: PLEASE READ

**CHECK IN:** Dancers ballet I thru V should be accompanied by a parent to the check in desk (entrance is first set of doors on the way to the Field House). At check-in please provide an emergency contact number to greeter at front desk. If an adult other than a parent is planning on signing your dancer out, please inform the greeter of the alternate pick up arrangement and info will be noted. Backstage volunteers will escort dancers to the dressing rooms. **ONLY PARENTS WORKING BACKSTAGE WILL BE ALLOWED IN THE DRESSING ROOMS.** 

**CHECK OUT:** As a precaution, all dancers in Ballet I-V must <u>OFFICIALLY SIGN OUT</u> at the check in desk. One adult must officially sign out your child before they will be permitted to leave. Before checking out please be sure that you have all of your child's belongings.

## CALL TIME FOR DANCERS ARE AS FOLLOWS:

- 4:15pm Party Scene (all parts in this scene)
- 5:00pm Red/Blue Soldiers & Gold Soldiers
- 5:15pm Mini Mice & 6th Grade Mice
- **5:45pm All Angels -** please eat dinner prior to attending rehearsal and bring a non-messy post dinner snack.
- 5:45pm Snowflakes
- 6:00pm All other parts

#### Estimated pick up times are as follows:

8:30pm - 2nd Act Angels	9:00pm – Tea Attendants
8:30pm – Dew Drop Attendants	9:15pm – Coffee Atts
8:45pm – Sheep	9:15pm – All Candy Cane Atts
8:45pm – Bon Bons/Ginger Snaps	10:00pm - All Jr. Company & Sr. Company
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## IMPORTANT INFORMATION FOR ALL DANCERS

- Arrive at Staples with proper performance make-up and hair (**no lipstick**).
- If on pointe, bring second pair of new but broken in pointe shoes, sewn and ready to wear.
- Have earrings, correct color tights and one pair of new, spare tights and correct shoes.
- Bring your make-up for touch-up.
- Bring something quiet to do homework, cards, board games, etc.
- Sport type water bottles only NO SODA, NO FRUIT WATER, NO GATORADE, etc.

### NO FOOD IN DRESSING ROOMS OR BACKSTAGE AREA

- Dancers should bring a non-messy, nut, egg and shellfish free meal.
- Dinner break will be after 1<sup>st</sup> act rehearsal.
- Angels should eat prior to rehearsal. They will not have a break due to their late check in time.

ONLY PARENTS WORKING BACKSTAGE WILL BE ALLOWED IN THE DRESSING ROOMS. NO MEN ALLOWED BACKSTAGE (except Stage Crew) OR IN THE DRESSING AREAS AT ANY TIME. NO FRIENDS OR RELATIVES – MALE OR FEMALE ALLOWED BACKSTAGE AT ANY TIME.