

## 2023 NUTCRACKER SHOW INFORMATION

Saturday, 12/2 @ 3:00pm & 7:00pm, Sunday 12/3 @ 2:00pm

### JR. II, JR. CO. & SR. CO. COMPANY Dancers

**MANDATORY WARM-UP**—please be at SHS with make-up and hair done 2 hours prior to the show - warm-up begins 1 hour & 45 minutes before each show. Bring a second pair of new but broken-in pointe shoes, sewn and ready to go if performing on pointe. Be sure to have earrings, correct color tights and one pair of *new* spare tights. **Bring your make-up** for touch-up, but please come in full make-up (except lipstick).

### BALLET I-V: CHECK IN/OUT POLICY: PLEASE READ

**CHECK IN:** Dancers ballet I thru V should be accompanied by a parent to the check in desk (entrance is first set of doors on the way to the Field House). At check-in please provide an emergency contact number to greeter at front desk. If an adult other than a parent is planning on signing your dancer out, please inform the greeter of the alternate pick up arrangement and info will be noted. Backstage volunteers will escort dancers to the dressing rooms. **ONLY PARENTS WORKING BACKSTAGE WILL BE ALLOWED IN THE DRESSING ROOMS.**

**CHECK OUT:** As a precaution, all dancers in Ballet I-V must OFFICIALLY SIGN OUT at the check in desk. One adult must officially sign out your dancer before they will be permitted to leave. Before checking out please be sure that you have all of your child's belongings.

### BALLET I-V CALL TIMES

**SATURDAY 3PM SHOW - CALL TIME 2:00PM**

**SATURDAY 7PM SHOW - CALL TIME 6:00PM**

Please arrange to sign-out your daughter for dinner to eat at Staples after the first show. The turnaround is very quick, the first show will end at approx. 5:15pm, and dancers' next call time is 6pm. It is much easier for your daughter if you bring food into Staples. It gives them the time to relax and re-energize.

### SUNDAY 2PM SHOW - CALL TIME 1:00PM

- Dancers must arrive 1-hour prior to each show-please do not be late.
- At check-in please provide an emergency contact number with greeter at front desk.
- You **MUST** pick your daughter up between shows on Saturday - we do not provide supervision between shows
- Come wearing performance make-up—apply lip liner only and bring lipstick to be applied backstage (please label your lipstick).
- Bring the correct shoes and tights.
- Hair must be in a performance quality bun - pinned with hairnet (unless otherwise noted).
- Bring something quiet to do - homework, cards, board games, etc.
- Freshen up make-up and hair between Saturday shows.
- Sport type water bottles only (they are not allowed in the dressing room, but may be left outside in the hallway) - NO SODA, NO FRUIT WATER, NO GATORADE, etc.
- Do not send any food or snacks with your dancer to any of the shows. They will not have time to eat. Please NO special gifts or food celebration in the dressing room as they are taken away and given back after the show. Thanks.

## **CELL PHONE POLICY**

Dancers are not permitted to use cell phones from one half hour before the show until after final bows. No calls. No texting. No Social Media. No photos. All phones must be put away and ringers off. ALL phones will be collected and given back after the show.

**NO MEN ALLOWED BACKSTAGE (except Stage Crew) OR IN THE DRESSING AREAS AT ANY TIME.  
NO FRIENDS OR RELATIVES - MALE OR FEMALE ALLOWED BACKSTAGE AT ANY TIME.**